In today’s life the aspirations and goals of the generation Z (born between the mid-1990s and early 2010s ) shaping the future of work .To ensure a sucessful transition in career ,it is essential to understand the career aspirations of generation Z.

* **Who is affected by not understanding the career aspiration of Gen-Z?**

1. Parents

Parents play an important role in shaping the career aspirations of Gen-Z. My parents sometimes don’t support my career goals, it can strain family relationships and leads to conflicts because earlier in 2018 also I decided to change my career transition from IT to Sales and Marketing and now I reversed my past decision .It results in feeling pressured to persue path in becoming Data Analyst.

1. Friends

Beyond family,friends and peers can also influence career choices and inspirations .If they are having different career ,it also leads the differences in thinking of same career opportunity .

1. Mental health

When i feels unsupported and misunderstood in my career aspirations ,it can affect on my mental health and overall well being .This can result in stress,anxiety and other mental health challenges.

* **What is happening ?**

Not understanding the career aspirations of mine in terms of whether those aspirations are right for me, can lead to several negative outcomes and consequences for both individuals and society :

1. Mismatched career choices

When my career aspirations are not well understood,they may end up persuing paths that are not best fit for my skills ,interests and value.

* **When is this happening?**

It’s a common part of career development and self discovery .Here are some typical times where I face the problem :

1. Life Transitions

Major life transitions such as marriage, parenthood, relocation, or the loss of a job can prompt me to reconsider my career aspirations .

1. Mid-career

Even after establishing a career ,i experience a “mid -career crisis”

where i reevaluate my career aspirations.This is happening in my 20’s when I am 28 .

* **Where is this happening?**

Here are some ways in which this may occur at home:

1. Family Discussions:

Conversations with my family members about my career aspirations can lead to self-reflection and uncertainty. Sometimes, family expectations or opinions can influence my career choices .

1. Education and Skill Development:

I am doing online course from odin school of 6 months and engaging in self-directed learning from home.

It helped me a lot in upskilling my skills for growth in my career of data analyst .

* **Why is that a problem ?**

My family sometimes agree on my points of career growth but sometimes not ,they won’t let me do a job if I get a job faraway .They don’t understand about career opoortunities .

* **Objective**

Educating my parents and friends about career opportunities ,right upskilling path to become a data analyst in future .